

Best Practices of Shrimad Rajchandra College of Physiotherapy

1. Title of the Practice:

- Providing state of art Physiotherapy services which extend to the grass root level (Community) absolutely free of cost.

2. Objectives of the Practice:

- Provide high quality multi-disciplinary treatment to the patients in the OPD at free of cost.

OPD

- Set a benchmark in the Community Physiotherapy services, without compromising on the quality of services.
- Create Global competitive physiotherapists who will be well equipped with knowledge & skills (theory & practical) to deliver high quality Physiotherapy treatment.

3. The context:

- Due to dearth of health care resource in terms of Human Resources, finance, and lack of awareness in our country about Physiotherapy, the treatment remains inaccessible to most sections of the community. People with low socio economic status are usually devoid of latest Physiotherapy services due to the accessibility problem and their inability to afford the cost of treatment. Hence it is the responsibility of every Physiotherapy institution to make the services accessible and affordable to the remote areas of the community as well as in the hospital set up. In this scenario, Shrimad Rajchandra College of Physiotherapy has taken this step in providing Physiotherapy services absolutely free of cost just not limiting to the patients in OPD but extending these services in the peripheral centers as well in the some remote areas surrounding it.

4. The practice:

- Quality Care of the patient is the primary motto of the institution. To promote this, complete and comprehensive treatment is provided to the patient under one roof using a multidisciplinary approach where the physiotherapist works as one of the important team members along with doctors from other specialist at Sardar Hospital.
- The College OPD does not charge any money for the services provided to the patients and this is evident from the fact that there is no cash counter within the institution.
- Despite the provision of free treatment, no compromise is made in the quality of the treatment. Shrimad Raj Chandra College of Physiotherapy is committed towards providing Physiotherapy services using a holistic approach and thus catering to the Physiotherapy needs of individual as well as the society at large by also providing free treatment in 3 OPDs.

- To provide the highest quality of Physiotherapy treatment, the OPDs are completely equipped with modern machineries.
- This strategy not only helped in increasing number of patients, but also provided advanced training to the students, stimulating their thirst for knowledge and exposing them to variety of cases and various environments which also helped them to learn soft skills necessary in professional practice without compromising on quality of care. Hence, this practice has also helped us in adding quality to the training and education in the institution.

5. Evidence of success:

- The number of patients availing Physiotherapy services has increased over the times. The success of this practice is also evident in the immense good will and positive feed-back received from the patients visiting the OPDs.
 - SRCP OPD at Sardar OPD from 3574 in the year 2014 to 20215 in year 2023
 - SRCP OPD at Maliba campus from 1761 in the year 2013 to 3623 in year 2023
 - SRCP OPD at Ramji OPD from 1468 in the year 2014 to 4419 in year 2023
 - SRCP OPD at Satya Sai opd 660 patients in year 2023. (from Oct 2023)
 - SRCP OPD at Shantinathay Sevashram, Kharvasa 1485 patients in year 2023. (Established on 9th September 2023).

6. Problems encountered and resources required:

- It was challenging to maintain the quality of services in presence of limited resources but the commitment of the faculty members & management has made it possible.

1 Title of the Practice

- Student Enhancement and Progression

2 Objectives:

- To facilitate students in their academic and extracurricular problems.
- To provide succor to students who are having health issues.
- To regard students personal problems.
- To provide welfare measures to the students.
- To monitor the progression of students in academics.
- To support students in their quest for academic excellence.
- To support students for their personality development.
- To foster holistic development of students.

3 Contexts:

- Mentors are critical support in guiding students and this can be imparted through the developing relationship between the guru and the disciple which is based on the genuineness of the teacher, respect, commitment, devotion and obedience of the student which helps to foster their holistic development. This is implemented by the students mentoring and support program. To achieve this students are assigned to a teacher as a Mentor to help them address their academic & personal issues. While doing this, maintaining an equal number of student teacher ratios was difficult. For students' progression, eliciting cooperation from all the stakeholders for overall development of the student was one of the challenges faced during designing this program.
- In designing this practice for students, deciding the areas of focus and the priorities for student's progression and their holistic development was a challenging task to perform. In students participation and activities; range of sports, cultural and extracurricular activities needs to be arranged to ensure maximum participation of students in such activities, an academic calendar needs to be furnished. Due to the curriculum and exam patterns, there was difficulty in furnishing such calendar and organizing the events throughout the year.

4 The Practice:

- In students mentoring and support, students in the first year after admission mentors are assigned to the individual students. Monthly meetings are arranged by the respective mentor and student's academic, extracurricular and personal problems are discussed, analyzed and solutions are given. The mentor also provides succor to the students who

are having health issues. Mentor submits a report on the overall development of the student at the end of every month.

- Individualized meetings are arranged with all year students, with class teacher, mentor and principal to evaluate student progress, and manage their problems pertaining to academics, extracurricular and health issues for utmost social cultural development of the student.
- Advanced learners are identified based on their academics, clinical skill performance & co-curricular activities throughout the year. These learners are guided to participate in various competitions at conferences. They are encouraged to present their work in the form of posters or presentations at conferences; they are also encouraged to participate in debates, quiz at conferences.
- Various types of support services are available for students at the campus like hostel and mess, and to encourage students to engage in physical activities; football, volleyball and basketball courts are available in the campus.
- For students' progression, as per their interest, they are encouraged and help is provided for getting employment. Counselling is done to those who are interested in higher studies at National at International Level.
- Students are encouraged to participate in various sports and cultural activities organized by the institute annually. Students are also motivated to participate in social activities to inculcate the social responsibility and good citizenry among its student community.

5 Evidence of Success:

- Problems are evaluated by the respective mentors and issues mentioned by students are handled in an empathetic manner by the respective mentors and overall improvement has been seen in student's personality.
- Overall numbers of students procuring first class have increased in the last five academic years. Numbers of students clearing their university examination in first attempt have increased. Holistic development of a student is the main goal which has been achieved.
- The Institution's success can also be seen through the achievements of our students in sports and cultural events.
- In case of health emergencies, the students are taken to the hospital and the health issues are addressed immediately. Parents are informed about the condition of students and they are asked to take the further decision according to the doctor's advice and class teacher's consultation. The student is asked to join after the overall wellbeing and assistance is provided in the lecture that she/he has missed.
- For interns, meetings are conducted by mentors and they are asked about their future plans; in case of higher studies, they are advised for the entrance examination of different institutions, books to be studied and the observation reveals that students are planning for higher education in India as well as foreign universities.

6 Problems encountered and recourses required

- In implementing this practice, the challenging issues were to schedule the meetings between mentors, students and principal due to the time constraints.
- Conducting meetings with students was delayed by a few days due to academic schedule.
- Compliance to the advices given to students by mentors was difficult to follow up every day. Deciding the areas of a focus for identifying advanced learners was difficult.
- Scheduling meetings with all the alumni members was difficult. Though remedial measures were taken; average of 3% drop out was present.